



FALL 2018

EDUCATION SEMINARS

**MEAL PLANNING
OVERCOMING ANXIETY
CRIBBAGE TOURNAMENT
SMARTPHONE PHOTOGRAPHY
CHAI: ART OF INDIAN TEA MAKING
GLUTEN/DAIRY-FREE BAKING DEMO
GUIDED DOWNTOWN PUBLIC ART TOUR**



FALL 2018 EDUCATION SEMINARS

SEMINAR DETAILS:

Guided Downtown Public Art Tour - Sunday, September 23, 1:30-3:00pm; Meet at Millennium Library, 251 Donald St

Smartphone Photography - Monday, October 1, 6:30-9:00pm; UM Ft. Garry, 312 Education
or Thursday, October 4, 6:30-9:00pm; UM Ft. Garry, 312 Education

Meal Planning - Wednesday, October 17, 6:30-8:30pm; Sobeys, 2850 Pembina Hwy

Gluten/Dairy-Free Baking Demo - Sunday, October 28, 2:00-4:00pm; Valour Comm Ctr, Clifton Site, 1315 Strathcona St
or Sunday, November 4, 2:00-4:00pm; Valour Comm Ctr, Clifton Site, 1315 Strathcona St

Overcoming Anxiety - Thursday, November 1, 6:30-8:00pm; The University of Winnipeg, 1L04 Lockhart Hall

Chai: Art of Indian Tea-Making - Friday, November 16, 7:00-9:30pm; Riverview Comm Ctr, 90 Ashland Ave

Cribbage Tournament - Wednesday, November 21, 7:00-9:00pm; Soul Sanctuary, 2050 Chevrier Blvd

PLEASE INDICATE WHICH SEMINARS YOU WILL BE ATTENDING:

- Guided Downtown Public Art Tour # AESES members ____ (\$2) / # non-AESES ____ (\$12)
- Smartphone Photography..... # AESES members ____ (\$5) / # non-AESES ____ (\$15)
 - October 1
 - October 4
- Meal Planning..... # AESES members ____ (\$5) / # non-AESES ____ (\$15)
- Gluten/Dairy-Free Baking Demo..... # AESES members ____ (\$15) / # non-AESES ____ (\$25)
 - October 28
 - November 4
- Overcoming Anxiety..... # AESES members ____ (\$2) / # non-AESES ____ (\$12)
- Chai: Art of Indian Tea Making # AESES members ____ (\$15) / # non-AESES ____ (\$25)
- Cribbage Tournament # AESES members ____ (\$5) / # non-AESES ____ (\$15)

CONTACT INFO:

Name: _____ Dept: _____

Other participants: _____ Phone #: _____

Email Address: _____ Amount of \$ enclosed: _____

MAILING INFO:

* All fees are non-refundable after the registration deadline. Cheques should be made payable to AESES. Cash also accepted.

The deadline to submit registrations is September 7, 2018.

Completed registration forms and payment can be submitted via inter-office mail. At:

UM - AESES c/o Mail Room, Stores Building

UW - AESES c/o Mail Room